

iomt

congress 2024

INTERNATIONAL

**OSTEOPATHY AND MANUAL THERAPY
CONGRESS 2024**

18 - 19 MAY 2024

**ISTINYE UNIVERSITY
CONGRESS CENTER**

İSÜ | İSTİNYE
ÜNİVERSİTESİ
İSTANBUL



INTERNATIONAL OSTEOPATHY AND MANUAL THERAPY CONGRESS 2024

ISTANBUL | TURKEY



18-19
MAY 2024



ISTINYE UNIVERSITY
CONGRESS CENTER

KEYNOTE SPEAKERS



**Prof. Dr. William
H. Devine**
D.O., C-
NMM/OMM, C-
ACOFP



**Dr. Serge
PAOLETTI**
D.O.



**Dr. Stephen
Sandler**
PHD, D.O.



**Jochen
Frühwein**
B.SC. OST., D.O.
OSD



**Torsten
Liem**
BSC. OST.,
MSC. OST.,
MSC. PAED.
OST., DO, DPO



**Alessio
Iacopini**
D.O.



**Mohammed
Javaherian**
PT., BSC., MSC.,
PHD., FDMIC.,
MT. PH.D.



**Jay P.
Shah**
M.D

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OSTEOPATHY AND MANUAL THERAPY CONGRESS 2024

Invitation Letter

Dear Friends,

This is the first annual congress invitation of the International Congress of Osteopathy and Manual Therapy to be held on May 18-19, 2024 in Istanbul, Turkey. It is a great honor to invite you to participate in this event. The overall theme of the congress is "Integrative Healthcare in the Context of Osteopathy and Manual Therapy"

This year, the conference will provide an overarching multidisciplinary and international platform for osteopathy, manual therapy, integrative healthcare, classical and new techniques and evidence-based methods, etc. The congress will include keynote lectures, osteopathy and manual therapy workshops, interactive sessions and poster/oral presentations for trainees and professionals as well as clinicians and scientists. There will also be awards for oral and poster presentations and for young researchers. We would like to invite all experts to participate in this congress, present your wonderful research work and establish a good collaboration with other physicians, physiotherapists, osteopaths and other healthcare professionals from all over the Türkiye and international speakers like you.

We are sure that you will enjoy both the scientific program and the touristic city of Istanbul with its beautiful landscape and unique culture.

Mark your calendars for May 18 and 19, 2024 for the IOMT in İstanbul.

Best regards,

Pt. Erdem Yörükoğlu

Co-Chairperson of International Osteopathy and Manual Therapy Congress

Adress: Academy of Osteopathy in Turkey. Prof. Dr. Ahmet Taner Kışlalı St. 2873

Anchor

Center. B/6, Çayyolu/ANKARA

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INTERNATIONAL OSTEOPATHY AND MANUAL THERAPY CONGRESS 2024

Committees

ORGANIZING COMMITTEE

Honorary President

Erkan İbiş, Prof.Dr.
Rector of İstinye University

Congress Co-Chairs

Torsten Liem, Bsc. Ost., MSc. Ost., MSc. Paed. Ost., DO, DPO
Osteopathie Schule Deutschland (Germany)

Gül Deniz Yılmaz Yelvar, PT, Assoc Prof
İstinye University
Faculty of Health Sciences,
Physiotherapy and Rehabilitation (Türkiye)

Erdem Yörükoğlu, Ost., PT, PhD
TOTA-Turkish Osteopathic Medicine Academy (Türkiye)

Congress Secretary

Rabia Tuğba Kılıç, Ost., DO, PT, PhD
Ankara Yıldırım Beyazıt University, Faculty of Health Sciences,
Physiotherapy and Rehabilitation (Türkiye)

International Scientific Committee

Torsten Liem, Bsc. Ost., MSc. Ost., MSc. Paed. Ost., DO, DPO
Osteopathie Schule Deutschland (Germany)

William H. Devine, Prof.Dr, D.O., C-NMM/OMM, C-ACOFP
Midwestern University Arizona College of Osteopathic Medicine (USA)

Serge Paoletti, D.O.

Author of the text book, The Fasciae: Anatomy,
Dysfunction and Treatment (Italy)

Jochen Frühwein, Bsc. Ost., D.O., OSD
Osteoprax - Praxis für Osteopathie in Frankfurt (Germany)

Stephen Sandler, PhD, D.O.
Chingford Osteopathy Practice, London (United Kingdom)

Alessio Iacopini, D.O.

Clinical-based Human Research Department,
Foundation COME Collaboration, Pescara (Italy)

Mohammad Javaherian, PT., BSc., MSc., PhD., FDMIC., MT. Ph.D.
Tehran University of Medical Sciences (Iran)

Jay P. Shah M.D.
Washington Hospital-Fremont, California (USA)

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Committees

Ayça Aklar, Asst. Prof, DO, PT, PhD
Fenerbahçe University,
Physiotherapy and Rehabilitation (Türkiye)

Cihan Aksoy, Prof. Dr., MD
Acıbadem Hospital, Coordinator of
Neurorehabilitation and Robotic Rehabilitation Center (Türkiye)

Songül Aksoy, Prof.Dr.
Lokman Hekim University, Faculty of Health Sciences,
Department of Audiology (Türkiye)

Zafer Aksungur, PhD
Fizyoform

Asuman Kaplan Algin, MD, PhD
Acupuncture Private Health Service (Türkiye)

Mustafa Atasoy, MD
Functional Medicine Academy of Turkey (Türkiye)

Yaşar Gül BALTAÇI, Prof. Dr., MD
Atlas University
Department of Physical Therapy and Rehabilitation (Türkiye)

Pınar Başbuğ, Asst. Prof, MD
Muğla Sıtkı Koçman University,
Department of Physiotherapy and Rehabilitation (Türkiye)

Filiz Can, Prof. Dr.
Hacettepe University,
Department of Physiotherapy and Rehabilitation (Türkiye)

Oktay Çağlar, Ost, PT
Kemt Concept, Clinical Integrated Manual Therapy (Türkiye)

Dilek Çokar, PhD.
İstinye University
Department of Physiotherapy and Rehabilitation (Türkiye)

Gülsemin Ertürk Çelik, Ost,MD.
Minister's Advisor
The Ministry of Youth and Sports of the Republic of Turkey (Türkiye)

Mustafa Çiftçi, Ost, MD
University of Health Sciences,
Darıca Farabi Training and Research Hospital,
Traditional and Complementary Medicine Clinic (Türkiye)

Önder Taylan Çifçi, MD.
Pain Clinic İstanbul (Türkiye)

Yasemin Buran Çırak, Prof.Dr.
İstinye University,
Faculty of Health Sciences,
Department of Physiotherapy and Rehabilitation (Türkiye)

İrem Düzgün, Prof. Dr.
Hacettepe University,
Department of Physiotherapy and Rehabilitation (Türkiye)

Bülent Elbasan, Prof.Dr.
Gazi University,
Department of Physiotherapy and Rehabilitation (Türkiye)

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Committees

Mahfuz Elmastaş, Prof.Dr.
University of Health Sciences,
Director of Traditional and Complementary Medicine
Application and Research Center (Türkiye)

Doğan Burak Endamlı, Ost, PT, PhD
International Fascia and Health Research Association (Türkiye)

Nalan Soydaş Engin, Asst. Prof, MD
İstinye University
Physical Medicine and Rehabilitation (Türkiye)

Neda Erbaşar, Assoc.Prof.Dt
Ankara Yıldırım Beyazıt University
Faculty of Dentistry (Türkiye)

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İstanbul University, Istanbul Faculty of Medicine,
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Nevin Ergun, Prof. Dr.
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Ministry of Health TCM Scientific Board Member,
Pediatric Nephrology Clinic, Samsun (Türkiye)

Aycan Güçlü, Ost, PT, PhD
Therapy Art Center (Türkiye)

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Yeditepe University
Physiotherapy and Rehabilitation Department (Türkiye)

H.Serap İnal, Prof.Dr.
Galata University,
Dean of the Department of Physiotherapy and Rehabilitation (Türkiye)

Mehmet Zafer Kalaycı, MD, PhD
Head Of Department
Turkish Ministry of Health,
Traditional Complementary and
Functional Medicine Department (Türkiye)

Hasan Karaağaç, Asst. Prof, MD
Lokman Hekim University, Traditional Complementary and
Functional Medicine Department
Turkish Federation of Traditional
and Complementary Medicine (Co-President) (Türkiye)

Mustafa Karakan, MD.
Ankara Pain Clinic (Türkiye)

Derya Özer Kaya, Prof. Dr.
İzmir Kâtip Çelebi University
Dean of the Faculty of Health Sciences (Türkiye)

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Committees

Rabia Tuğba Kılıç, DO, PT, PhD
Ankara Yıldırım Beyazıt University
Faculty of Health Sciences,
Physiotherapy and Rehabilitation (Türkiye)

Gözen Öksüz, Doç. Dr
Kahramanmaraş Sütçü İmam University
Anesthesiology and Reanimation (Türkiye)

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Osteosports Clinic,
Galatasaray Football Club (Türkiye)

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Bolu Abant İzzet Baysal University,
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Ankara Yıldırım Beyazıt University
Faculty of Dentistry, Oral and Maxillofacial Surgery (Türkiye)

Çetin Sayaca, Doç.Dr.
Bursa Uludağ University,
Department of Physiotherapy and Rehabilitation (Türkiye)

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Head of Department (Türkiye)

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Department of Physiotherapy and Rehabilitation (Türkiye)

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University of Health Sciences,
Hamidiye Faculty of Health Sciences,
Department of Physiotherapy and Rehabilitation (Türkiye)

Mehmet Ünal, D.O, PhD
Medikurs Physiotherapy & Osteopathy Education Platform (Türkiye)

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Committees

Yaprak Üstün, Prof. Dr.
Ankara Etlük Zübeyde Hanım
Chief Physician of Gynecology Training and Research Hospital (Türkiye)

Berrak Varhan, Assoc.Prof.Dr.
İstinye University
Physiotherapy and Rehabilitation (Türkiye)

Gürsel Veliöđlu, MD
Onlyhealth.co İstanbul (Türkiye)

Gül Deniz Yılmaz Yelvar, PT, Assoc Prof
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Physiotherapy and Rehabilitation (Türkiye)

Sedat Yıldız, Ost,MD.
Turkish Society of Integrative Medicine (President) (Türkiye)

Baran Yosmaođlu, Prof.Dr, PT
Başkent University,
Physiotherapy and Rehabilitation Program (Türkiye)

Erdem Yörükođlu, Ost., PT, PhD
TOTA-Turkish Osteopathic Medicine Academy (Türkiye)

Local Organizing Committee

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OSTEOPATHY AND MANUAL THERAPY CONGRESS 2024

Main Topics

- Contribution of radiological diagnosis and clinical imaging to osteopathy
- Viscerosomatic and somatovisceral reflexes in neurological models of osteopathy
- Functional technique and basics of functional technique in Viscera
- Fascial decoding
- Psychosomatic osteopathy in clinical context
- An osteopathic approach to diagnosis and treatment of hand, wrist, elbow
- Osteopathic diagnosis and treatment of knee, ankle and foot
- Tests and treatment of abdomen and thorax
- Osteopathy in orthopedics and traumatology
- Osteopathy in obstetrics and gynecology
- Development of osteopathy in the world
- Osteopathy in healthcare practice
- Basic principles of osteopathy
- Osteopathy training
- Osteopathy for pain management
- Osteopathy in the treatment of health disorders in children
- Osteopathy in sports injuries
- Osteopathy for the elderly
- Autonomic nervous system, heart rate variability, stress and osteopathy
- Osteopathic treatment of the thyroid gland

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INTERNATIONAL OSTEOPATHY AND MANUAL THERAPY CONGRESS 2024

Scientific Program

18 May 2024 - Saturday

08:20 - 08:50		Registration						
08:50 - 09:10	Opening Speeches	Congress Presidents		Gül Deniz Yılmaz Yelvar (Congress Co-President)				
				Erdem Yörükoğlu (Congress Co-President)				
		Yasemin Buran Çırak (Dean of the Faculty of Health Sciences)		Welcome speech				
		Erkan İbiş, (Rector of Istinye University)		Opening Speech				
09:10 - 09:30	Opening Conference	Torsten Liem		Osteopathy From Past To Future				
		Mehmet Ünal		Osteopathy, basic information				
09:30 - 10:30	PANEL 1	Parietal Osteopathy		Mehmet Zafer Kalaycı - Moderator				
				Kanat Tayfun - Moderator				
09:30 - 10:00	1	William H. Devine		Principles and Practical use of Counterstrain Osteopathic Manipulative Treatment of Visseral System				
10:00 - 10:30	2	Serge Paoletti		Fascial Decoding				
10:30 - 10:45	3	Erdem Yörükoğlu		Osteopathic Treatment Approaches in Disc Herniation				
10:45 - 11:00			Coffee Break					
11:00 - 12:00	PANEL 2	Craniosacral Osteopathy		Defne Kaya Utlu - Moderator				
				Ömer Naci Ergin - Moderator				
11:00 - 11:30	4	Torsten Liem		Psychosomatic Osteopathy in Clinical Context				
11:30 - 11:45	5	Rabia Tuğba Kılıç		Anti-inflammatory Properties and Potential Therapeutic Effects of The Vagus Nerve				
11:45 - 12:00	6	Neda Erbaşar		Relationship of Occlusion to the Locomotor System				
12:00 - 12:15			Coffee Break		Rational Use of Medications			
12:15 - 13:15	PANEL 3	Visceral Osteopathy		Mustafa Karakan - Moderator				
				Gülsemin Ertürk Çelik - Moderator				
12:15 - 12:45	7	Jochen Frühwein		Osteopathic Treatment of The Thyroid Gland				
12:45 - 13:00	8	Mehmet Ünal		Visceral Osteopathic Approach in SIBO				
13:00 - 13:15	9	Gürkan Genç		Osteopathic Approaches To Infantile Colic				
13:15 - 14:15			Lunch Break					
14:15 - 15:00	PANEL 4	Manual Therapy		Yasemin Buran Çırak - Moderator				
				Zafer Aksungur - Moderator				
14:15 - 14:30	10	Cihan Aksoy		Current Approaches in Manual Therapy				
14:30 - 14:45	11	Gürsel Veliöğlu		Thoracolumbar Transition Syndrome				
14:45 - 15:00	12	Oktay Çağlar		Sacrococcygeal Dysfunctions				
15:00 - 17:00	Main Hall - Oral Presentation		Hall 2	Hall 3	Hall 4	Hall 5	Hall 6	Hall 7
	Sevtap Günay Uçurum Pinar Başbuğ		Workshop 1	Workshop 2	Workshop 3	Workshop 4	Workshop 5	Workshop 6

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OSTEOPATHY AND MANUAL THERAPY CONGRESS 2024

Workshops

18 May 2024

15:00 - 17:00

1

Osteopathic Diagnosis and Treatment of Knee, Ankle and Foot - "An Osteopathic Approach"

William H. Devine

2

Tests and Treatment of Abdomen and Thorax

Serge Paoletti

3

Osteopathy and Obstetrics

Stephen Sandler

4

Osteopathic Treatment Of The Thyroid Gland

Jochen Frühwein

5

Psychosomatic Osteopathy in Clinical Context

Torsten Liem

6

Osteopathy Treatment For Sports Injuries

Alessio Iacopini

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INTERNATIONAL OSTEOPATHY AND MANUAL THERAPY CONGRESS 2024

Scientific Program

19 May 2024 - Sunday

09:30 - 10:30	PANEL 5	Parietal Osteopathy	Önder Taylan Çifçi - Moderator				
			Gül Baltacı - Moderator				
09:30 - 10:00	13	Alessio Iacopini	Osteopathy treatment for sports injuries				
10:00-10:15	14	Mustafa Çiftçi	Priformis syndrome causes and osteopathic treatment approaches				
10:15 - 10:30	15	Erkan Özyılmaz	Osteopathic approaches in trapped neuropathies (Carpal-tarsal tunnel)				
10:30 - 10:45		Coffee Break					
10:45 - 11:45	PANEL 6	Kraniosakral Osteopati	Derya Özer Kaya - Moderator				
			Kevser Sancak - Moderator				
10:45 - 11:15	16	Torsten Liem	Cranial venous system osteopathic approaches				
11:15 - 11:30	17	Ayça Aklar	Osteopathic perspective on temporomandibular joint				
11:30 - 11:45	18	Songül Aksoy	Exercise approaches in vestibular rehabilitation				
11:45 - 13:00	PANEL 7	Visceral Osteopathy	Yaprak Üstün - Moderator				
			Duygu Aktar Reyhanoğlu - Moderator				
11:45 - 12:15	19	Stephen Sandler	Osteopathy and obstetrics				
12:15 - 12:30	20	Aycan Güçlü	Visral osteopathic approach in gastroesophageal reflux				
12:30 - 12:45	21	Asuman Kaplan Algin	chronic toxicity				
12:45 - 13:00	22	Mustafa Atasoy	Functional medicine approaches in SIBO				
13:00 - 14:00	Ara	Lunch Break					
14:00 - 15:00	PANEL 8	Manual Therapy	H.Serap İnal - Moderator				
			Feryal Subaşı - Moderator				
14:00 - 14:15	23	Burak Endamlı	Fascial treatment approaches in adhesive capsulitis				
14:15 - 14:30	24	Mohammed Javaherian	Co-C1 dysfunction causes and treatment (vertigo-cervicogenic headache))				
14:30 - 14:45	25	Baran Yosmaoğlu	Manual therapy applications in PFS				
14:45 - 15:00	26	Jay P. Shah	Effects of manual therapy on central sensitization				
15:00 - 17:00	Main Hall - Oral Presentation	Hall 2	Hall 3	Hall 4	Hall 5	Hall 6	Hall 7
	Şule Badıllı Hantal Ömer Osman Pala	Workshop 1	Workshop 2	Workshop 3	Workshop 4	Workshop 5	Workshop 6

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INTERNATIONAL OSTEOPATHY AND MANUAL THERAPY CONGRESS 2024

Workshops

18 May 2024
15:00 - 17:00

1

Osteopathic Approach to Diagnosis and Treatment of Hand, Wrist and Elbow Problems

William H. Devine

2

Tests and Treatment of Abdomen and Thorax

Serge Paoletti

3

Osteopathy and Obstetrics

Stephen Sandler

4

Osteopathic Treatment Of The Thyroid Gland

Jochen Frühwein

5

Psychosomatic Osteopathy in Clinical Context

Torsten Liem

6

Osteopathy Treatment For Sports Injuries

Alessio Iacopini

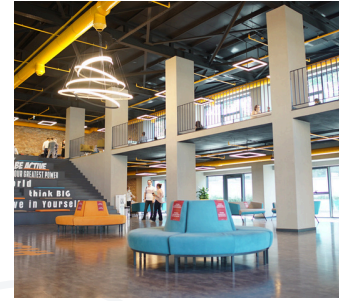
INTERNATIONAL OSTEOPATHY AND MANUAL THERAPY CONGRESS 2024

General Information

Congress Center

Istinye University Congress Center

Address: Topkapı Campus Maltepe Mah. Teyyareci Sami Sk. No:3 Zeytinburnu, İstanbul / Türkiye



Stand and Exhibition Areas

The stands and exhibition areas where the companies will participate will be open to the service of the participants between 09:00 - 18:00.

Invitation Letter

An invitation letter will be sent to participants who need to obtain permission from their affiliated institutions to participate in the congress, in line with their requests.

Badge

All participants and their companions must wear the badges given to them during registration in order to participate in the congress center, stand areas and social activities.

Certificate of Participation

Participation certificates will be distributed to all registered participants at the registration desk on the last day of the congress.

INTERNATIONAL OSTEOPATHY AND MANUAL THERAPY CONGRESS 2024

Registration Information

Registration Type	Early Bird Registration Until 22/04/2024	Late Registration Until 17/05/2024	On Site Registration From 17/05/2024
HEALTH PROFESSIONALS (PHYSICIANS / PHYSIOTHERAPISTS / RESIDENTS / NURSES / TRAINEE DOCTORS)	€ 240,00	€ 280,00	€ 400,00
MEDICAL / PHYSIOTHERAPY UNDERGRADUATE STUDENTS	€ 150,00	€ 250,00	€ 350,00
EXHIBITORS	€ 240,00	€ 280,00	€ 300,00
DAILY REGISTRATION	€ 170,00	€ 200,00	€ 200,00
2 DAYS COURSE	€ 250,00		
2 HOURS WORKSHOP	€ 50,00		
GALA DINNER	€ 150,00		

* Course participants have to register to the Congress.

** All participants with oral presentation have to register to the Congress

REGISTRATION INCLUDES

- Access to the congress sessions
- Access to the poster / oral presentation sessions
- Access to the industry exhibition
- Congress bag
- Access to congress abstracts
- Electronic book

REGISTRATION NOT INCLUDED

- Taxes 20% (will be added to these prices)
- Gala dinner
- Social facilities
- Accommodation
- Travel and transfers

ACCOMODATION

- URANUS HOTEL Per Night Single Superior Room City View + Breakfast: €115 (Early Booking Until 22/04/2024)
- If there is no availability at the hotel, accommodation will be made in an equivalent hotel.

CANCELLATION POLICY FOR REGISTRATION

- Full Cancellation Deadline: April 22, 2024
- All refund/cancellation requests must be provided in writing and received by April 22, 2024.
- After April 22, 2024, no refunds will be given for registration cancellations.

INTERNATIONAL OSTEOPATHY AND MANUAL THERAPY CONGRESS 2024

Abstract Submission

Abstract Submission Deadline: 15 April 2024

Information Required To Complete A Submission

- Main Author — Individual who is submitting the abstract. All correspondence will be done with the main author.
- Title
- Keywords (up to four)
- Abstract Body (400-word maximum) separated into:
 - Objectives - At least two clear, and measurable learning objectives must be included with your abstract submission. Learning objectives are not included in the abstract word count.
 - Background – A brief statement on why the study was conducted.
 - Methods – The method(s) of study or experimental approach must be briefly defined.
 - Results – A summary of the study results, including sufficient details to support those conclusions must be described.
 - Conclusions – A statement explaining the significance of the work and its implications for further research.
- List Authors — Up to 11 list authors can be included. Their full names with credentials, city and state or country must be included.
- Presentation Preference — By the decision of the organizing committee, abstract submissions will be accepted as oral presentations. Poster presentations will not be included.
- Disclosure of conflict of interest — This is required for presenting author, as well as agreement with Terms and Conditions.

INTERNATIONAL OSTEOPATHY AND MANUAL THERAPY CONGRESS 2024

Awards / Prizes

AWARDS-PRIZES FOR THE IOMT CONGRESS

Deadline for submitting to awards and prizes is 27 April 2024

The PRIZES*

- For **The Osteopathy Prize** (up to 250 euros) the abstract must be a physiology or patho-physiology or investigation research of osteopathy.
- For **The Manual Therapy Prize** (up to 250 euros) the abstract must be a physiology or patho-physiology or investigation research of manual therapy.
- For **The Young Scientist Award** (oral prize) (up to 250 euros) the first name of the abstract and the presenter of the abstract must be the younger than 40 years old
- For **The Best Oral Presentation Award** (up to 250 euros).

*The candidate study can be submitted as an abstract. The awards for these submissions will be reviewed by the scientific committee. If an abstract submitted under these prizes will be awarded; the authors will be informed by the scientific team of IOMT Congress at least 15 days before the congress and authors must send either all their paper or part of the paper before the congress to the Scientific Committee. The paper should be original, not published before. The winning prizes will be announced in the closing ceremony.

Submission Criteria for the Awards/Prizes

Authors have the possibility to select the possibility to be candidate for a prize, from the website of the congress.

All the abstracts must be original, in English and not published in any Journal.

The certification of prizes will write all the names of all authors of the abstract-paper.